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Clinical Practice in Social Work

Name

Institution

Course

Instructor

Date

Clinical Practice in Social Work

My approach towards clinical practice has changed towards understanding a wide range of psychosocial services to families, individuals as well as minimal groups related to the daily challenges people face. Since such practices can be performed under both public and private domains, I have comprehended the valuation of a person's psychological, biological and social understanding. This has provided a guide for my clinical involvement. Consequently, I have gained expertise in principles, ethics, and practice approaches which, has advanced my clinical knowledge in the diagnosis, mental, emotional, and behavioral ailments (Your Clinician's Notebook). I am now more inclined towards enhancing the well-being of individuals and addressing their needs. Particularly through the empowerment of the vulnerable, those living in adversity and the oppressed.

Additionally, I have taken into account that all involvements responsive to diverse dimensions of clinical practices are employed within the frameworks of empathy, sharing hope, commitment, and shared understanding of working together.

The major concern this course has generated in my view is concerning specific ethical issues in clinical practice. Ethical values are crucial for all healthcare practitioners. However, ethical dilemmas are part and parcel of this practice. These dilemmas sometimes conflict with the codes of ethics or with the practitioners' ethical values. Some individuals in practice tend to rear form the norm and forget that each patient has the will and right to make their own choices based on their values and beliefs. Healthcare workers have the mandate to refrain from abuse instead reduce harm and promote wellness among patients. My other question pertains to the patient's overall treatment. Whereas the codes of ethics suggest that all patients must be

subjected to equal and fair treatment, this has not always been the case. Some individuals are lessened and lack medical covers hence they do not enjoy the same privileges as their counterparts. Therefore we have a responsibility of striking a balance benefiting every individual without looking at their status.

I seek to improve my practice by putting the knowledge I have acquired into practice. Personal improvement is regarded as learning where ideologically it is not only about acquiring knowledge. It entails the capacity to demonstrate the know-how through the expertise of applying it in practice. By doing so, I will be building the capacity to develop skills and abilities that are essential in this field. Secondly, due to the critical affiliations between patients, professionals, families, and even the public to clinical practice, these aspects are dependent on good communication skills and other characteristics such as engagement, empathy, sharing hope, and building resilience. Lastly, I want to improve my practice by exploring, understanding, and developing shared knowledge. Setting achievable goals and assessing progress and outcomes.

I would like to practice and develop crisis intervention skills to reduce possible and permanent harm in our society. Substance and drug abuse amongst teens have been on the rise recently posing a potential crisis. Therefore, I believe that if an attunement process is started in due course, then addressing this issue will not be a challenge in the future. Secondly, I wish to enhance my cultural awareness skills since it is necessary to provide comprehensive patient-centered care. Drisko & Grady (2019) argue that values and cultural beliefs impact a patient's view of wellness, health, adherence, and medication acceptance. Finally, the strategies I would wish to employ in achieving all these are building resilience, confirming and affirming my strengths and working on weaknesses, developing awareness and creating a healing environment.

By actualizing all these aspects, I am sure that this will support human rights protection and justice.

References

Your Clinician's Notebook: A Clinician's Guide for Good Practice

Drisko, J. W., & Grady, M. D. (2019). *Evidence-Based Practice in Clinical Social Work*.
Springer.

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